

Wudong Eight Treasure Qigong
&
Methods of Hun Conservation in Chinese Psychology
March 20 & 21, 2010

With Dr Liu Dong World Renowned Qigong Master & Doctor of Chinese Medicine

11 CEUs – Category 1 – CA Acupuncture Board Approved

Eight Treasure Qigong - Ba Duan Jin is one the four oldest and most famous Qigong methods in China. This form dates back to the early 12th century where it evolved as a popular folk healing practice. It was originally developed for monks practicing meditation to address the joint problems they developed after long years of sitting meditation practice. Eight routines of this form are designed to build strong bones, increase tendon flexibility, strengthen particular organ-energy systems and heal the seven emotions.

This course will also discuss the theory of She Hun Shu or The Method of Hun Conservation, a method using Intention to follow the Hun travelling, by cutting the connection between the Shen and Hun so the Hun can travel inside rather than the outside of the body. This is similar to western hypnosis – The Western model talks the patient into the state of hypnosis, but this method uses emitting, and touch to connect between the patient and doctor to transform disease.

Fees: TCM Students \$200.00 General \$270.00
After Friday March 12, 2010 Fee will be \$300.00

REFUND & Registration POLICY:
No refunds once payment made.

For information contact Mandana at 818-720-6061
Or email: Mandana@yangstyletaichichuan.com
Website: www.linggui.org

Checks payable to: Linggui Qigong School

Mail to: Mandana
2218 24th St Unit A, Santa Monica, CA 90405
Please include your Lac #, name, address, phone # and email

Schedule: March 20 & 21, 2010
Saturday 3:00-8:00pm and Sunday 10:00am-5:00pm

Location: 2901 Ocean Park Blvd, Ste 121,
Santa Monica, CA 90405

Please register early *limited space* available



Dr. Liu Dong is an internationally acclaimed Qigong Master and Doctor of Oriental Medicine. A graduate of the Beijing University of Traditional Chinese Medicine, he has conducted scientific research on the medical effects of Qigong in China, Japan, the United States (Harvard School of Medicine), and in France (National Health and Medical Research Institute in Marseille and Marmottan Hospital in Paris). He is a powerful Qigong healer with a profound knowledge of medicine, and many years of experience treating patients with Qigong therapy, including China's former president, Deng Xiao Ping, and other dignitaries. He has published several books and articles on Qigong. Dr. Liu Dong founded a Chinese Medicine School in Paris and a Qigong school in Seattle. His methods are being taught worldwide and are currently a part of the curriculum at the Oregon College of Oriental Medicine.

*As beginner you practice Qigong
And later on, Qi
practices you*